

Prime Time Chat – Partnership, Opportunity & Strategy



Welcome

Eric Alemany Director Supplier Relationship Management

Agenda

- **Welcome**

Eric Alemany, Director Supplier Relationship Management, NYPA

- **Safety Moment** – Ergonomic & Workplace Stress

- **Prime Time Chat Panel Discussion**

Purna Kharel, PE, President & CEO, K&A Engineering Consulting P.C.

Christopher A. Korzenko, PE, BCEE, PMP, Associate, CDM Smith

Karen Lara-Villeda, Small Business Liaison Officer, GE Renewable US LLC Energy-Hydro North America

- **Q & A**

- **Closing Remarks**

Eric Alemany, Director Supplier Relationship Management, NYPA

- **What's to Come**

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Safety Moment

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Safety Moment - Ergonomic and Workplace Stress

Work-related stress, fatigue, depression, and anxiety also account for a large percentage of workplace health issues.

- Example: **Ergonomic stress** can cause long-lasting and acute injuries.
- Employees should be aware of **ergonomics risk factors**:
 - Repetitive tasks, overexertion, and sustained awkward postures

Things to do:

- Workers should regularly stretch, exercise, and do strength training to avoid ergonomically induced injuries.
- Meditate and try other relaxation techniques
- Ask for help and communicate problems clearly



Safety Quote: Do what is Right not what is Easy

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Panel Discussion



Eric Alemany
Director Supplier Relationship Management



Purna Kharel

K&A Engineering
Consulting P.C



Christopher Korzenko



Karen Lara-Villeda



Contact Information



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Eric Alemany Director Supplier Relationship Management
Closing Remarks
Thank You

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WHAT'S TO COME

- **IT & Digitization - 6/24/2021**
- **Transmission – 8/11/2021**
- **Virtual Supplier Expo – 9/12/2021**
- **Hispanic Heritage Month Supplier Event – 10/6/2021**
- **Customer Solutions – 11/10/2021**
- **Supplier Diversity Power Hour – www.nypa.gov/procurement**
- **Opportunity Zone - TBD**
- **Prime Time Chats - TBD**
- **Programming – TBD**

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Closing Remarks
Thank You